

Child Menu Planner

Dates:

Name of Site:

Meal & Snack Pattern as Required By USDA	Serving Size for ages:			Serving Size for ages:			Serving Size for ages:			Serving Size for ages:			Serving Size for ages:							
	Monday	1-2	3-5	6-12	Tuesday	1-2	3-5	6-12	Wednesday	1-2	3-5	6-12	Thursday	1-2	3-5	6-12	Friday	1-2	3-5	6-12
PM Snack – Any two Milk																				
Fruit/Vegetable																				
Grain/Bread																				
Meat/Meat Alternate																				
Other Foods Extra to Meal Pattern																				
Supper Meat/Meat Alternate																				
Vegetable/Fruits																				
Vegetable/Fruits																				
Grain/Bread																				
Milk																				
Other Foods Extra to Meal Pattern																				
Eve Snack – Any two Milk																				
Fruit/Vegetable																				
Grain/Bread																				
Meat/Meat Alternate																				
Other Foods Extra to Meal Pattern																				