

Child Menu Planner

Dates:

Name of Site:

Meal & Snack Pattern as Required By USDA	Serving Size for ages:			Serving Size for ages:				Serving Size for ages:			Serving Size for ages:					
	Monday	1-2	3-5	6-12	Tuesday	1-2	3-5	6-12	Wednesday	1-2	3-5	6-12	Thursday	1-2	3-5	6-12
PM Snack – Any two Milk																
Fruit/Vegetable																
Grain/Bread																
Meat/Meat Alternate																
Other Foods Extra to Meal Pattern																
Supper																
Meat/Meat Alternate																
Vegetable/Fruits																
Vegetable/Fruits																
Grain/Bread																
Milk																
Other Foods Extra to Meal Pattern																
Eve Snack – Any two Milk																
Fruit/Vegetable																
Grain/Bread																
Meat/Meat Alternate																
Other Foods Extra to Meal Pattern																

Child Menu Planner

Dates:

Name of Site:

Meal & Snack Pattern as Required By USDA	Serving Size for ages:			Serving Size for ages:			Serving Size for ages:					
	Friday	1-2	3-5	6-12	Saturday	1-2	3-5	6-12	Sunday	1-2	3-5	6-12
PM Snack – Any two Milk												
Fruit/Vegetable												
Grain/Bread												
Meat/Meat Alternate												
Other Foods Extra to Meal Pattern												
Supper												
Meat/Meat Alternate												
Vegetable/Fruits												
Vegetable/Fruits												
Grain/Bread												
Milk												
Other Foods Extra to Meal Pattern												
Eve Snack – Any two Milk												
Fruit/Vegetable												
Grain/Bread												
Meat/Meat Alternate												
Other Foods Extra to Meal Pattern												