

# Sponsor Cycle Menu

FOOD FOR KIDS, INC.

Cycle Number: 063

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Breakfast</b>						
	Homemade Muffins (087) Fruit Cocktail (014)	Granola (041) Strawberries (042)	Cereal Bars (220) Bananas (004)	French Toast (014) Pears (032)	100% Bran Flakes (164) Honeydew Melon (022)	
	Milk (8)	Milk (8)	Milk (8)	Milk (8)	Milk (8)	
<b>AM Snack</b>						
	Corn Chex (115) Strawberries (042)	Peanut Butter - Snack (103) Wheat Crackers (263) Apples (001)	Black Beans (061) Club Crackers (252) Raspberries (038)	Cheddar Cheese (080) Vanilla Wafers (275) Strawberries (042)	Bagel (001) Apples (001)	
		Milk (8)		Milk (8)		
<b>Lunch</b>						
	Pork Lunchmeat (044) Macaroni & Cheese - Boxed (056) Peas and Carrots (216) Oranges (028)	Beef Ground (002) Rolls (026) Potatoes (221) Green Beans (181) Milk (8)	Chicken Breasts (021) Brown Rice (066) Corn (173) Pork and Beans (220) Milk (8)	Turkey Roast (056) Stuffing / Dressing (075) Carrots (167) Potatoes (221) Milk (8)	Navy Beans (067) Cornbread (005) Spinach (236) Blueberries (006) Milk (8)	
<b>PM Snack</b>						
	Oatmeal Cookies (285)	Mozzarella Cheese (087) Soda Crackers (260)	Peanut Butter - Snack (103) Celery (170)	American Cheese (078) White Bread (032) Mixed Juice (062)	Graham Crackers (253) Applesauce (002)	
	Milk (8)					
<b>Dinner</b>						
	Beef Ground (002) Taco Shell (078) Lettuce And Tomato (205) Cantaloupe (008) Milk (8)	Beef Ground (002) Hamburger Buns (015) Green Beans (181) Nectarines (027) Milk (8)	Chicken Breasts (021) Flour Tortillas (077) Refried Beans (228) Lettuce And Tomato (205) Milk (8)	Chicken Nuggets (027) Macaroni & Cheese - Boxed (056) Green Beans (181) Peaches (031)	Whole Chicken (030) White Rice (073) Carrots (167) Apples (001) Milk (8)	
<b>Evening Snack</b>						
	Bagel (001) Bananas (004)	Yogurt (107) Strawberries (042)	Cottage Cheese (084) Pears (032)	Oyster Crackers (256) Orange Juice (063)	Peanut Butter - Snack (103) Celery (170)	